

Heads - Up !

The newsletter for Headdon, Upton, Grove & Stokeham

February 2026

Headdon Village Hall Presents

ABBA Tribute Band
Sensation

Saturday 14th February
Headdon Village Hall

Tickets £20
Doors open at 7.00pm



Numbers are limited, so make sure you don't miss out on a great evening's entertainment.

For tickets please contact:

Paul on 07794 839742 or Pat on 07719 306650 / headonvillagehall@gmail.com



The Wallace & Dough pizza van will be joining us also at the village hall on the night of the **14th February**. **Takeaways will be available from 5.30pm.**

For those attending the event, you will be able to get a pizza from 7.00pm prior to the concert start or be able to place a order for the half time interval.



Have you seen Roly? He is missing from Upton

Please can you keep a look out for him and check your sheds and garages. He is very timid. Reward.

Any news please ring 01777 248285

Headon-cum-Upton, Grove & Stokeham Parish Council: Update

The Parish Council held its first meeting of the year on the 19th January, and talked about some of the upcoming projects for the year ahead, including the restoration of 2 village finger posts, providing permission is granted from VIA (East Midlands).

The main item of business was to set the precept for 2026/27 and the Parish Council is pleased that it is able to keep this in line with last year, by using money from the reserves.

Two Parish Councillors have recently been awarded with long service awards Cllr Eric Briggs for 30 years of continuous valued service, and Cllr John Mosley for an amazing 50 years. The Parish Council is extremely grateful and proud of these achievements. Hopefully, photos will follow next month.

The next Parish Council meeting is at 7pm on Monday 2nd March at Headon Village Hall, Church Street, Headon, DN22 0RD. As always, Parish Councillors welcome you to attend to ask questions and raise issues. Further details can be found on the Parish Council website: www.hugsparishcouncil.co.uk

If you are unable to attend a meeting and would like to make contact, full details for your Parish Councillors are located in the village notice boards, or the Parish Clerk is contactable at clerk@hugsparishcouncil.co.uk

Clare

Clerk to Headon-cum-Upton, Grove & Stokeham Parish Council

Gardening for Pollinators - February

Bees need pollen for protein and fats, and nectar for carbohydrates, vitamins and minerals. But different plants offer a very different balance, so variety definitely matters. A diet dominated by one crop, however abundant, can still be nutritionally poor. Imagine how poor our health would be if we ate nothing but best quality steak each day.

Even with a rich range of flowers, the food has to be accessible to the insect. The insect's tongue length and flower shape have to match. For example the queen red tailed bumble bee has a tongue length of 12mm that is perfect for tubular blooms, but the honeybee tongue is only 4mm long, with many solitary bees being much shorter still. Therefore plants with smaller 'open' type flowers, such as cotoneaster, alliums and sedums, are more welcoming to smaller pollinators.

So we need a diversity of plants, producing blooms across as many months of the year as possible. Whilst hibernating insects won't be emerging until March, honey bees will fly and forage throughout the year, weather dependent, and it is not unusual to see them visiting snowdrops and crocuses during January and February.

Headon Cum Upton Cinema Club Presents

I Swear (15)

Set in Galashiels, Scotland, I Swear follows the true story of John Davidson, a young boy in 1980s Scotland affected by Tourette Syndrome at a time when there was little understanding or sympathy for this neurological disorder. John struggles to find his place in the world, facing rejection from both his family and society. His only way of coping is to isolate himself and rely on strong medication. That is, until one fateful day, as a young man, he meets a unique woman named Dottie, who supports him on a journey that will change his life forever.

Starring Robert Aramayo, Scott Ellis Watson, Maxine Peake, Shirley Henderson.

Saturday 7th February

Headon Village Hall 7.30pm. Entrance £3.50
Contact Pat - paddythorpe@btinternet.com or on 248368

To kick off Headdon Church's 800th Anniversary Year



Friends of Headdon Church

Present



A MUSICAL EVENING

in Headdon Church

Friday 20th March at 7.30pm

featuring local musicians

‘A Certain Age’ - Folk duo Sue and Pam.

‘Slurs and Trills’ - An eclectic mix of Baroque, Renaissance, Folk and Klezmer music with cello, recorders and keyboard.

‘Curate’s Egg Band’ - A mix of folk and contemporary songs and music.

Tickets £10 per person, children under 12 free.

Pay on the door.

Hot drinks and cake in the village hall afterwards, but all donations for church funds welcome.

Bar open



Literacy Volunteers Needed!



Are you passionate about books? Do you want to make a meaningful impact on a child's life?

If so, why not consider becoming a Literacy Volunteer and help children discover the joys of reading?

No prior experience necessary - just a love for reading and a desire to inspire young minds.

Literacy Volunteers is an independent local charity, registered in Nottingham, that helps local school children with their literacy, communication and social skills.

For more information please visit: www.literacyvolunteers.org.uk

Puzzle Corner

You have five boxes in a row numbered 1 to 5, in which a cat is hiding. Every night, he jumps to an adjacent box, and every morning, you have one chance to open a box to find him. What is the strategy for guaranteeing to catch the cat?

Answer at the bottom of the last page

Church News & Services

Following the retirement of Rev Canon Bronwen Gamble in January 2022, there is still no news on the process of appointing a new Rector. The Church will continue as near normal as possible during this time.

The Church contact is Reader Gill Rann on 07518 543868 or riversretfordgill@gmail.com. Gill will be able to help with enquiries on matters such as baptisms, weddings, funerals, or home visits by putting you in touch with the appropriate person.

The Parish of The Rivers, Retford

serving the villages, hamlets and communities of :

Askham, Cottam, Darlton, Dunham on Trent, East Drayton, East Markham, Fledborough, Grove, Headon, Nether Headon, Laneham, Church Laneham, Ragnall, Rampton, Rockley, Stokeham, Treswell, Whimpton Moor, Woodbeck, Woodcoates, Upton.

	St Nicholas Askham	St Peter East Drayton/ Dunham on Trent	St John the Baptist East Markham	St Helen Grove	St Peter Headon	St Peter Laneham	All Saints Rampton	St Peter Stokeham	St John the Baptist Treswell
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1st February, 10.30am, Benefice Holy Communion, St John the Baptist, East Markham

8th February, 10.30am, Holy Communion, St Peter, East Drayton

15th Feb	10.30am Morning Worship					10.30am Holy Communion			
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18th February, 6.30pm, Ash Wednesday Holy Communion, St Peter, East Drayton

22nd Feb			8.00am Holy Communion	10.30am Holy Communion			10.30am Morning Worship		
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1st March, 10.30am, Benefice Holy Communion, St John the Baptist, East Markham

Headon Village Hall Social Club

The bar is open every Friday night between 8pm - 11pm. Why not come along and have a chat with neighbours and a relaxing drink at the end of the week?



Re-cycled Cycles

All in very good condition and various sizes available
Contact John Parker 07939 412542 (East Drayton)



Answer: Check boxes 2,3 and 4 in that order until you find him. If he starts off in an even number box you are guaranteed to find him within 3 days. If he starts in an odd numbered box you will need a further 3 day cycle to make sure he is caught.